



Looking For Something New?



Take The Cycling Merit Badge and Discover Nature on Two Wheels!

Program Specifics: This program will run weeks 2, 3, 4 and 5 and is for older boys (13+) who meet the requirements **only**. The merit badge will be offered as a double period (periods 2 & 3) with our new Fitness/Sports staff. In addition to the morning classes, participants will enjoy two afternoons of cycling outside of camp. Limited to 12 scouts.

Pre-camp requirements: Participants should be familiar with the requirements for the Cycling merit badge. Requirements 1-7 will be covered at camp. **Each scout should complete at least 3 rides prior to camp. These should include one 10 mile ride, and two 15 mile rides. Come with a log of ride dates, routes traveled and interesting things seen.**

** At camp, we will complete at least one 10 mile ride and one 25 mile ride. Rides will start and end from Camp Hinds. Adult leadership will be provided, along with a chase vehicle in the event of a breakdown. Information will be provided to participants of upcoming 50 mile rides being held in the Southern ME area.

Equipment needs: All participants need to provide a bicycle suitable for road travel. The bike should be well-maintained and the proper size for the participant. In addition, each cyclist needs to bring a bicycle helmet that meets standard safety requirements. Participants need their own water bottle and a small backpack or bike pack to carry water, a jacket and some snacks. Bright colored clothing is encouraged.

**Don't be left behind!
Start Cycling today!**